

Mount St Mary's Catholic High School

Educating The Individual For The Benefit Of All

Why Study BTEC Level 2 Sport Tech Award?

Do you have an interest in sport? Do you want to learn how to improve your own and others' performances, do more practical PE, learn to be a sports coach? Do you prefer to be assessed gradually rather than a big exam at the end? If you like sport and want to study/work in sport post-education, then this is the course for you. We have a 100% pass rate with 100% achieving a grade 4 to 9.



Careers Options

Learners who generally achieve at Level 2 across their Key Stage 4 learning might consider progression to:

- A-Levels as preparation for entry to higher education in a range of subjects.
- Study of a vocational qualification at Level 3, such as a BTEC National in Sport, which prepares learners to enter employment or apprenticeships, or to move on to higher education by studying a degree in the sport or sport and exercise areas.

The knowledge that candidates gain will be invaluable for those choosing to follow a Physical Education related career. Here are just a few career paths you could follow:

Physiotherapist Sports Manager Sports Psychologist Coach/Trainer/Fitness instructor Choreographer Referee/Umpire Sports Medic Dietician/Nutritionist Teacher Sports Analyst

Sport currently sits in the top 15 industry sectors in England, contributing £20.3 billion to the economy according to research carried out by Sport England. The number of sport-related jobs in the UK is estimated at over 400,000. The sector workforce is expected to grow by approximately 11 per cent year on year.

What you will study

The level 2 qualification is equivalent to a full GCSE. The qualification consists of three core Components. This course provides an engaging and relevant introduction to the world of sport. It incorporates important aspects of the industry, such as sport provision, technology in sport, fitness components, training methods, fitness testing and planning sessions to improve a participant's performance.

Component 1	Preparing participants to take part in sport and physical activity - Internal assessment 30%
Component 2	Taking part and improving other participants sporting performance - Internal assessment 30%
Component 3	Developing fitness to improve other participants performance in sport and physical activity - External exam 40%



How is the subject assessed?

Component 1 (Internally assessed coursework equivalent to 30% of final grade)

In this Component you will:

- Explore types and provision of sport and physical activity for different types of participant.
- Examine equipment and technology required for participants to use when taking part in sport and physical activity.
- Be able to prepare participants to take part in sport and physical activity.

Component 2 (Internally assessed coursework equivalent to 30% of final grade)

In this Component you will:

- Understand how different components of fitness are used in different physical activities.
- Be able to participate in sport and understand the roles and responsibilities of officials.
- Demonstrate ways to improve participants sporting techniques.

Component 3 (External examination equivalent to 40% of final grade)

In this Component you will:

- Demonstrate knowledge of facts, components of fitness, fitness tests, training methods/processes/principles in relation to improving fitness in sport and exercise.
- Demonstrate an understanding of facts, components of fitness, fitness tests, training methods/ processes/principles in relation to improving fitness in sport and exercise.
- Apply an understanding of facts, components of fitness, fitness tests, training methods/processes/principles in relation to improving fitness in sport and exercise.
- Make connections with concepts, facts, components of fitness, fitness tests, training methods/processes/principles in relation to improving fitness in sport and exercise.

For further information contact:

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